

CAMPUS WELLNESS COMMITTEE
Goals for the UC year ending August 31, 2026

Chair: Kris Kraft _____ **Officer Term:** FY25-26

Vice Chair: Judy Juvancic-Heltzel _____ **Officer Term:** _____
FY25-26

Secretary: _____ **Officer Term:** _____

Goal	Priority Number	How Will Goal Be Measured?
Goal: Contribute to faculty & staff wellness initiatives through coordinated and direct programming and outreach. Coordinate ROOFIT program for UA faculty and staff during the Spring 2026 semester. Program will use existing, and improved upon, policies to incorporate as many dimensions of wellness as possible. The Campus Wellness Committee has a goal of enrolling 150+ participants into the program.	1	- Overall Number of participants enrolled in the program - Working with campus partners on marketing of program and finding unique ways to enroll additional individuals &/or teams - Creating easier pathways for participants at satellite campuses (Wayne) to participate. - Through a coordinated RooFit Kick-Off event that will double as a Health Fair. The event will feature UA Departments that contribute to employee wellness, allowing interaction and communication directly to participants.
Goal: Develop a “Monthly Zippy Award” to recognize an individual or group that has contributed to increased well-being on the campus.	2	- Establishment of award - Process for award developed - Award secured

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